

YCAP NEWSLETTER

Quarterly newsletter for Yamhill Community Action Partnership

■ August 2018



2018 YCAP BOARD OF DIRECTORS

YCAP BOARD OFFICERS:

Ryan Connor, Chair
John Larsen, Treasurer
Arlene Worden, Secretary

David Case
Gary Dawson
Gwen Jernstedt
Patrick Johnson
Bernt "AL" Hansen
Lisa Leno
Edgar Pizano
Ann Scott
Mary Starrett
Beth Wytoski
Carrie Zimbrick



FOLLOWING THE JOURNEY FROM FARM TO TABLE

The YCAP Food Bank is situated in one of the richest agricultural locations in Oregon. The spring and summer months create a bounty of fresh produce. We are fortunate to also be surrounded by gracious farmers who contribute generous portions of their harvest to help our communities on a daily basis. It takes a talented and dedicated team of YCAP staff and volunteers to manage the intake and distribution of these incredible donations. The can

do attitude and passion for the work of feeding our neighbors makes this daunting task look easy. The collective efforts of our team, volunteers and generous donations ensure our Food Bank programs run smoothly to meet the needs across Yamhill County. As you read through our summer newsletter we will share inspiring stories about this process, the caring hearts and dedicated community members who make this journey happen.

02

Farewell to our Executive Director

05

Raise the Barn Fundraiser a Huge Success

NEW REFRIGERATED FOOD TRUCK



Last year the YCAP Food Bank received 599,462 pounds of fresh produce which was distributed back to the community through our different programs and partnerships. These include Food Pantries, Meal Sites, Harvest2Home direct sites such as at the senior center and The Virginia Garcia Health Clinics, wineries as well as a partnership with the Book Mobile through the McMinnville Public Library.

On July 27th First Federal presented a check for \$5,000 to kick off our fundraising efforts to purchase a second refrigerated truck to help support our efforts to distribute food to all of Yamhill County. Thank You First Federal for your amazing support!

A FAREWELL TO OUR EXECUTIVE DIRECTOR

“In this edition we will begin focusing our newsletters on one specific area of our work with a more indepth look at each progam.”

Dear Friend,

We are beginning a new focus with our newsletters for the coming year. We are retooling our look and moving to a quarterly newsletter. The quarterly release will allow us the ability to explore each of the four program areas of YCAP more deeply: Food Bank, Energy & Weatherization, Client Services and Youth Services. With the arrival of summer, we begin with this newsletter focused on our work of feeding our hungry neighbors. We will take you on the journey of farm to table and allow you to experience the incredible efforts of our Food Bank team as well as the amazing partners we work with to get healthy fresh food on the tables of our neighbors in need.

There are big changes happening at YCAP. On June 30th, Jeff Sargent finished his tenure as Executive Director of YCAP. Jeff served as the Executive Director of YCAP for 3 years. During his time at the organization we grew our Food Bank to 2.2 million pounds of food distributed in Yamhill County, added services to support our homeless vets, created two new fundraising events Raise the Barn and Light the Fire, rebranded our marketing and web site and worked to build a financially stable organization. Staff and community leaders came together to send him off on his new journey with gratitude at a reception hosted by Scott & Courtney Cunningham at the Community Plate. YCAP staff also had a Fiesta Lunch to thank him for all his work over the years improving lives in our community.



AGENCY DIRECTORS

JOHN LARSEN, INTERIM EXECUTIVE DIRECTOR
KATE STOKES, ADULT AND YOUTH PROGRAMS DIRECTOR
KRAIG LUDWIG, ENERGY SERVICES AND FOOD SERVICES DIRECTOR
DEBRA HANSON, FINANCE DIRECTOR
ALAINA BERGAN, HUMAN RESOURCES AND OFFICE DIRECTOR

YCAP WELCOMES THE FOLLOWING NEW STAFF MEMBERS WHO HAVE JOINED US SINCE FEBRUARY 2018

DEBORAH ALLEN, DEVELOPMENT SUPPORT SPECIALIST, MELVIN BOWERS, SAFE SHELTER CASE MANAGER, KEVIN DONALDSON, CLIENT SERVICES HOUSING SPECIALIST, JACK GOLDBERG, FINANCE SPECIALIST, ALLISON JOHNSTON, YOUTH PREVENTION SPECIALIST, JOHN LARSEN, INERIUM EXECUTIVE DIRECTOR, RYAN LONG, FOOD BANK SUPPORT SPECAILIST, MARY MAREINA, OFFICE ADMINISTRATIVE SUPPORT, BETH WEIL, TRANSITIONAL LIVING CASE MANAGER.

HARVEST HOUSE

In July The Portland Timbers and the ladies from The Thorns traveled to Newberg to help out with projects at Harvest House. They spent the day working hard to complete several essential projects to fix up the backyard space. The volunteer crews laid bark in the playground area, cleaned up the patio space, removed blackberries and trimmed trees. They joyfully worked in the heat to make our shelter beautiful for the families. Thank you Portland Timbers and Portland Thorns!



HARVEST 2 HOME PROGRAM

What began as an issue of too much produce, has grown into a robust program getting fresh healthy food out to our neighbors throughout Yamhill County.

Four years ago a little issue of too much produce on hand got volunteers and the YCAP Food Bank team thinking what can we do to solve this problem? The idea for Harvest to Home was sparked one rainy day when the team said let's take all of this produce out to the Community Senior Center. "It started out just bringing produce out and it's turned into a whole community thing" said Dave Rucker, Logistics Coordinator. Today, more than 200 people show up each Tuesday during the summer months. Many seniors who are living on fixed incomes are

lined up at 10 am to pick up produce, share recipes and take a moment to connect with friends.

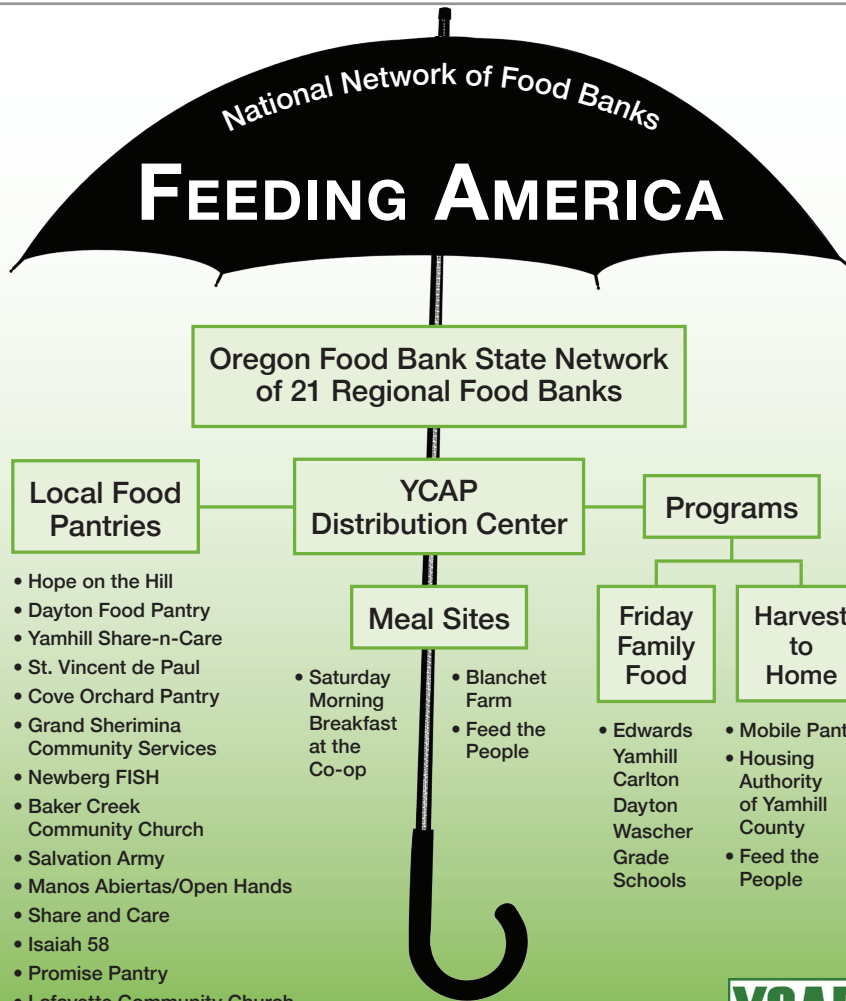
Many of the volunteers have been with the program since the beginning. Hope has volunteered for three years. She used to come with her husband who passed away last year. This year she recruited her son Rubin to join her and continue the family tradition helping out each week.

The first week we were on site our Development Director was approached by Estella who held her hand and expressed her gratitude.

"This is such a blessing to our family. Thank you so much!"

- Estella

YCAP FOOD BANK IMPACT ACROSS YAMHILL COUNTY



15,000 Served Monthly
Feeding Our Hungry Neighbors



LUCINDA TATE AWARD FROM THE OREGON FOOD BANK



YCAP volunteers Emily and Tim Duerfeldt were honored with the 2018 Lucinda Tate Award as the outstanding volunteers of the year for the state of Oregon at the Oregon Food Bank Hunger Buster Awards. The awards banquet was held at the Riverside Country Club in April. They were joined by their adult children and YCAP Food Bank Manager Martha Penhall.

You can find Emily and Tim bright and early every Friday morning in our warehouse inventorying 16 tons of food – this is our typical weekly delivery from the Oregon Food Bank. Tim and Emily are also an integral part of our Friday Family Food program during the school year at Washer Elementary School. They are equally generous with their financial contributions and continue to be part of our monthly sustainers club through their ongoing donations.

In addition to their YCAP commitment, these two super volunteers also dedicate their time to other non profits throughout Yamhill County; volunteering at Habitat for Humanity, serving breakfast at the Co Op Ministries, supervising at the Rescue Mission, teaching literacy through the SMART Reader literacy program, sharing their time with another county-wide kids program called Beyond Backpacks and participating in the Soroptimists chapter of McMinnville. But their passion of feeding people remains their top priority.

One of our local food pantry known as Grand Sheramina in Sheridan serves an average of 633 people in the West Valley each month. This pantry is open a few hours on Tuesdays and Thursdays, is completely volunteer run and offers emergency food boxes to anyone in need. YCAP has known for years of the tremendous food need in this area of our county caused by severe poverty and a lack of adequate stores and transportation.

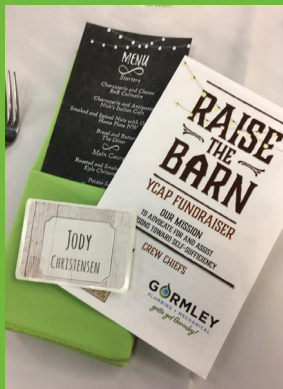
Having a mobile food pantry delivering fresh produce to this area on a regular basis has always been a dream of the Food Bank staff but we lacked the resources to implement this additional food distribution source. Until now. We are thrilled to announce that we began delivering free, fresh produce to the folks of West Valley in July and each week the attendance grows as word spreads about the new food source now available in their community. This open-air distribution is expected to continue until the rains come in the Fall. And we'll continue to look for a more permanent covered site so that folks can receive fresh produce every week of the year- rain or shine!



RAISE THE BARN 2018: A HUGE SUCCESS

Thank you for continuing the tradition of bringing our community together to raise up our neighbors by helping them create successful lives!

On May 17th YCAP held our second annual Raise the Barn Fundraiser at the Leslie Lewis Pavilion. More than 200 YCAP supporters joined us for a wonderful evening. Chef Kyle and his extraordinary team of talented chefs prepared a delicious meal, the Draft Horse served beautiful Winderlea wines and Golden Valley beer, Bootleg Jam kept our toes a tappin', and we unveiled our new YCAP video produced by Nic Miles to grand applause. Your open hearts created a magical evening filled with the authentic spirit of a community coming together to raise more than \$36,000 to help our neighbors. All of this wouldn't be possible without generous support of our sponsors, table hosts, in-kind donors, volunteers and remarkable YCAP team. Thank you to everyone who made the evening a rousing success!



Sponsors:

Crew Chiefs:

Cellar Ridge Construction
Gormley Plumbing & Mechanical

Tradesman Sponsors:

The Confederated Tribes of Grand Ronde
The News Register
Martin Innovative Technology
Willamette Valley Medical Center

Neighbor Sponsors:

First Federal
Recology Western Oregon
Citizens Bank
Innova

In-kind donors, wine donors and menu supporters:

18 Oaks Sign Company
Alexana Winery
Anne Amie Vineyards
Bootleg Jam
Carlton Farms
Community Plate
Dobbles Family Estate Winery
Domaine Serene Winery
Elk Cove Vineyards
Even Pull Farm
Flag & Wire
Golden Valley Brewery
Harvest Fresh Grocery & Deli
Home Plate NW
J. Douglas Wine
J.L. Kiff Vineyard
Jackson Family Wines
Kyle Christenson
Lowe's Home Improvement
McMinnville Farmers Market
Pablo Munoz Farms
Nic Miles
North Valley Reserve Vineyard
Organic Valley
AGRIVINO powered by Pisoni Catering
R&R Culinaire
R. Stuart & Co. Winery & Wine Bar
Remy Wines
Scrambled Foods
Stoller Family Estate
Super Nateral Farm
The Barberrry
The Diner
The Draft Horse
Winderlea Vineyard & Winery
Yamhill County Fair & Event Center
Youngberg Hill



SEED TO SUPPER PROGRAM: LEARNING TO GARDEN

The Seed to Supper program is an Oregon Food Bank/OSU Extension sponsored program primarily for food-insecure families. It is a free 6 week beginning vegetable gardening course. Participants learn the basics of planning the garden, soil preparations, planting and maintenance of the plants as well as harvesting/nutrition. YCAP has served as the Oregon Food Banks satellite agency for the Yamhill County program along with the Yamhill County Extension Service. Yamhill County Master Gardener Association provides the class facilitators. Classes are offered in McMinnville, Newberg and Sheridan



in both English and Spanish. Linfield College Center for the Northwest has partnered with the program to provide raised beds or containers for home gardens. In addition, some participants have raised beds in the local community gardens.

Since the inception of the Yamhill County Seed to Supper program in the fall of 2016, we have completed 15 Seed to Supper classes with an average of 10-12 participants. Host agencies for the classes have included Newberg Head Start, 3 Yamhill County Housing Authority Units (Deskins Commons, Vittoria Square, Tice Park Apts), Virginia Garcia Health Center, Hope on the Hill, St Michaels Episcopal Church and YCAP. Many community organizations assist with recruitment for the classes. New fall (2018) and spring (2019) classes are currently being planned. For more information please contact the OSU Extension Service at 503-434-7517 or email: jade.wilson@oregonstate.edu.

FOOD YOU CAN DONATE TO HELP

WHAT'S IN DEMAND FROM OUR AGENCIES:

- Canned Meats
- Tuna
- Peanut butter
- Butter
- Macaroni
- Canned fruit –
(mandarins, pears, peaches)
- Canned veggies –
(tomato products, diced
tomatoes)



A SNAPSHOT OF FARM TO TABLE

Mission: To advocate for and assist persons toward self-sufficiency.

HOW IT WORKS



Local Farmers
Grow & Donate
Fresh Produce



YCAP Delivers
Food to 26 Sites



Food Pantries &
Meal Sites Distribute
Food to Neighbors



Food Enjoyed at
Tables Across
Yamhill County



MEAL SITES: ST. BARNABAS SOUP KITCHEN

We believe that a community's youth is one of its most valuable resources. We believe communities benefit by ensuring all of its young people are provided with the basic opportunities or essential services that can support them in developing a sense of competence, usefulness, belonging, and empowerment.

On any given weeknight from 4-6 pm you can walk into the St. Barnabas Soup Kitchen and smell the wonderful food prepared by Chef Robin Miguel. On this particular Monday evening the tables are filled shortly after 4pm with volunteers joyfully serving meals to the hungry group. On any given weeknight 80 to 150 people show up to have a hot meal and a friendly, welcoming place to eat. In recent years the Soup Kitchen has seen more children and young families, but there are also a good deal of regulars.

Steve has been serving at the Soup Kitchen since December. He met Robin while he was volunteering at YCAP, when she convinced him to help her out. He volunteers 2½ hours every weekday. "One regular is a big reader

and we exchange thoughts on books we like. I've worked to get to know the names of the regulars so they feel welcome and seen. Sometimes I might forget their names, but I remember their favorite salad dressing." He laughs. "Volunteering here gives me something productive to do and allows me to give back to my community" Steve shares.

The Soup Kitchen has a separate board of directors, but operates a \$120,000 budget under the umbrella of the church. They are funded by private donations, church donations and two fundraisers they host each year. They began operating in 1990 for just two days a week. They added Thursdays in April with the help of some of the regulars jumping in to volunteer, taking them to five nights a week of meal service.

About one third of the food they need comes from YCAP and the rest from donations from individuals, farmers, grocery stores and restaurants. Robin, who has an impressive background as a Chef on the East Coast, works her magic preparing menus each month that are fresh and healthy. The bulk of service happens in the first 30 minutes and if there is a shortage of volunteers, regulars jump in to help out. It is a warm community of neighbors helping each other. For more information you can visit their Facebook page or the St. Barnabas website.

August 11th is the big fundraiser to support the Soup Kitchen. For more information or to purchase tickets you can contact Kellie Menke at soupk.treas@gmail.com

14 HOGS DONATED AT YAMHILL COUNTY FAIR

On Saturday, August 4th at the Yamhill County Fair 14 hogs were purchased from 4H kids and then donated to YCAP to feed our neighbors. It was a record year and the generosity of our community will have a huge impact adding high quality meat to the food boxes delivered throughout Yamhill County.

We want to thank the incredible donors: AKS Engineering, Bottens, Buchanan Cellars, Friends of the Fair, Jim Riemann, Mo's Seafood and Chowder and Turley Farms.



OUR HISTORY...

YCAP was founded in 1980 as part of a nationwide network of social service agencies designed to help improve the lives of low-income people and strengthen communities. We assist the residents of Yamhill County, diligently focusing on four primary service categories: Client Services and Housing, Energy Services, the regional Food Bank, and Youth Services. We are inspired every day by the stories of those who want to have a better life for themselves and their families. We are honored to support our neighbors.

www.yamhillcap.org

Follow us on Facebook and Instagram!



Our monthly giving program is the easiest way to provide support for the ongoing work of YCAP. Your monthly online gift is the backbone that sustains our work all year long. Start today at www.yamhillcap.org/donate.



THANK YOU FOR YOUR CONTINUED SUPPORT!

Yamhill Community Action Partnership (YCAP)

Main Campus

1317 NE Dustin Court

McMinnville, OR 97128

503-472-0457

Office Hours: M-F 8:30 a.m.—5:00 p.m.

Youth Outreach Center

719 E First Street

Newberg, OR 97132

503-538-8023

Office Hours: M-F 9:00 a.m.—9:00 p.m.